FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * GOULD JEFFREY	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 60 CUTTER MILL ROAD, SUITE 303	3. Date of Earliest Transaction (Month/Day/Y 08/03/2023	,	 Director Officer (give title below) SENIOR VICE PRESIDENT 	✓ 10% Owner ○ Other (specify below)		
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person 			
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intend the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.					

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (Instr. 3, 4 and 5)	(A) or Disposed of (D)		5. Amount of Securities Beneficially	6. Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/03/2023		А		4,750	A	(1)	381,274.853 ⁽²⁾	D	
Common Stock								14,194 ⁽³⁾	I	By Gould Shenfeld Family Foundation
Common Stock								144 (4)	I	By Georgetown Partners LLC
Common Stock								13,415	I	By 130 Store Company
Common Stock								2,128,949.086 ⁽⁵⁾	I	By Gould Investors L.P.

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion	3. Transaction	3A. Deemed	4. Transaction	Code	5. Numbe	r of	6. Date Exercisable a	and Expiration Date	7. Tit	le and Amount of Underlying	8. Price of	9. Number of	10.	11. Nature of
(Instr. 3)	or Exercise	Date (Month/Day/	Execution Date, if	(Instr. 8)	Derivative		(Month/ Day/ Year)		Securities		Derivative	Derivative	Ownership	Indirect	
	Price of	Year)	any (Month/ Day/			Securities				(Instr	: 3 and 4)	Security	Securities	Form of	Beneficial
	Derivative		Year)			Acquired	(A) or					(Instr. 5)	Beneficially	Derivative	Ownership
	Security					Disposed	of (D)						Owned	Security:	(Instr. 4)
						(Instr. 3, 4, and 5)					Following	Direct (D)			
				Code	V		D	Date Exercisable	Englishting Data	Trial.	Amount or Number of Shares		1	or Indirect	
				Code	v	A	D	Date Exercisable	Expiration Date	Tute	Amount or Number of Snares		Transaction(s)	(I)	
													(Instr. 4)	(Instr. 4)	

Explanation of Responses:

- 1. Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2020 had been satisfied. The related performance period ended June 30, 2023.
- 2. Includes shares acquired through issuer's dividend reinvestment plan.
- 3. Reporting person is a director of the Gould Shenfeld Family Foundation.
- 4. These shares are owned by Georgetown Partners LLC. Reporting person is a manager of Georgetown Partners LLC. These shares represent all of the shares of issuer owned by Georgetown Partners LLC.
- 5. These shares are owned by Gould Investors L.P. Reporting person is a manager of Georgetown Partners LLC, the managing general partner of Gould Investors L.P. These shares represent all of the shares of issuer owned by Gould Investors L.P. Includes shares obtained through the issuer's dividend reinvestment plan.

Remarks:

/s/ Jeffrey A. Gould by Isaac Kalish, his attorney in fact	08/07/2023		
** Signature of Reporting Person	Date		

**Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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